



HEALTHY PEOPLE 2010

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What Is Healthy People 2010?

Healthy People 2010 is a comprehensive set of health objectives for the nation to achieve over the first decade of the new century. Created by scientists both inside and outside of Government, it identifies a wide range of public health priorities and specific, measurable objectives.

- Overarching Goals:**
1. Increase quality and years of healthy life
 2. Eliminate health disparities

Focus Areas

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| 1. <i>Access to Quality Health Services</i> | 14. <i>Immunization and Infectious Diseases</i> |
| 2. <i>Arthritis, Osteoporosis, and Chronic Back Conditions</i> | 15. <i>Injury and Violence Prevention</i> |
| 3. <i>Cancer</i> | 16. <i>Maternal, Infant, and Child Health</i> |
| 4. <i>Chronic Kidney Disease</i> | 17. <i>Medical Product Safety</i> |
| 5. <i>Diabetes</i> | 18. <i>Mental Health and Mental Disorders</i> |
| 6. <i>Disability and Secondary Conditions</i> | 19. <i>Nutrition and Overweight</i> |
| 7. <i>Educational and Community-Based Programs</i> | 20. <i>Occupational Safety and Health</i> |
| 8. <i>Environmental Health</i> | 21. <i>Oral Health</i> |
| 9. <i>Family Planning</i> | 22. <i>Physical Activity and Fitness</i> |
| 10. <i>Food Safety</i> | 23. <i>Public Health Infrastructure</i> |
| 11. <i>Health Communication</i> | 24. <i>Respiratory Diseases</i> |
| 12. <i>Heart Disease and Stroke</i> | 25. <i>Sexually Transmitted Diseases</i> |
| 13. <i>HIV</i> | 26. <i>Substance Abuse</i> |
| | 27. <i>Tobacco Use</i> |
| | 28. <i>Vision and Hearing</i> |

What Are the Leading Health Indicators (LHIs)?

The Leading Health Indicators are 10 high priority areas for the nation's health. The LHIs are:

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| 1. <i>Physical Activity</i> | 6. <i>Mental Health</i> |
| 2. <i>Overweight and Obesity</i> | 7. <i>Injury and Violence</i> |
| 3. <i>Tobacco Use</i> | 8. <i>Environmental Quality</i> |
| 4. <i>Substance Abuse</i> | 9. <i>Immunization</i> |
| 5. <i>Responsible Sexual Behavior</i> | 10. <i>Access to Health Care</i> |

Healthy People 2010

<http://www.health.gov/healthypeople>

Healthy People Information line: 1 (800) 367-4725

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